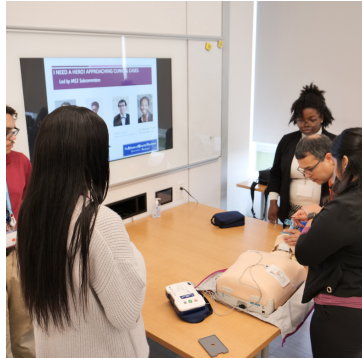


# PATHWAYS TO EXCELLENCE MED IMMERSION DAY

December 2nd, 2023

Penn Medicine/CHOP Alliance of Minority Physicians - IBC Foundation  
Pathways to Excellence in Medicine Initiative

20  
23



The Alliance of Minority Physicians

Penn Medicine | Children's Hospital of Philadelphia



# PATHWAYS TO EXCELLENCE IN MEDICINE MENTORSHIP COHORT

*Morning of December 2nd, 2023*

Exclusive programming for our Mentorship Cohort, comprised of 19 first-year URiM medical students from across Philadelphia



Pathways to Excellence in Medicine Mentorship Cohort, IBC Housestaff Scholars, and IBC Faculty Mentors



IBC Housestaff Scholars and IBC Faculty Mentors



Welcome Remarks to the Mentorship Cohort Programming



Pathways to Excellence in Medicine Mentorship Cohort



# PATHWAYS TO EXCELLENCE IN MEDICINE MENTORSHIP COHORT



Icebreaker and lunch between Pathways to Excellence in Medicine Mentorship Cohort and their mentors: IBC Housestaff Scholars and IBC Faculty Mentors



Programming for mentees and mentors including whole group discussions and small group activities

# PATHWAYS TO EXCELLENCE MED IMMERSION DAY

*Afternoon of December 2nd, 2023*

An interactive and differentiated event designed  
for all URiM medical students across Philadelphia



Welcoming Remarks from Dr. Iris Reyes and Dr. Jessica Fowler



Keynote address delivered by Dr. Raina Merchant

*The Alliance of Minority Physicians*

Penn Medicine | Children's Hospital of Philadelphia



# PATHWAYS TO EXCELLENCE MED IMMERSION DAY



Programming for first-year Medical Students



Programming for second-year medical students



# PATHWAYS TO EXCELLENCE MED IMMERSION DAY

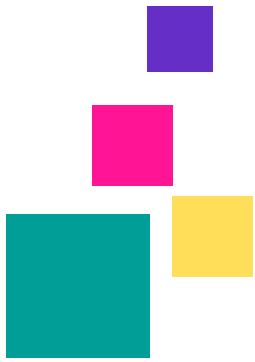


Programming for third-year medical students



Programming for fourth-year medical students





# SESSION DESCRIPTIONS

Pathways to Excellence Med Immersion Day  
*Afternoon of December 2nd, 2023*



## **MS1 Programming**

### **Medical Mystery Solving**

Learn the tried and true template for approaching a new clinical encounter, the H&P, and how to incorporate elements of trauma-informed care throughout.

### **Crack the Case**

Apply the skills you learned in medical mystery solving and develop a plan of action to help your patient!

### **Specialty Speed Mingling**

"Speed Mingle" with multiple physicians from various fields (e.g., ObGyn, Surgery, EM, etc) discuss their medical fields, including aspects of medical training, the pros, and, the cons.

### **Healing The Healer**

Discuss the mental burden associated with medical training and the importance of mental health support during and after training.

## **MS2 Programming**

### **I Need A Hero! Approaching Clinical Cases**

You've been studying hard but what happens when the patient is in front of you?! Come to our session for a hands-on clinical experience you will never forget!

### **Come Find Your Study Superpower!**

Everyone has a unique learning style – come discover your own study superpower!! Learn tips and strategies from the experts!

### **Even Heroes Need Help!**

Even heroes need help! Come join a roundtable discussion about finding mentorship in all stages of your career!





# SESSION DESCRIPTIONS

Pathways to Excellence Med Immersion Day  
*Afternoon of December 2nd, 2023*

## MS3 Programming

### **Life in the Fast Lane**

"Is there a doctor on the plane?!" In this session, you will encounter real-life clinical emergencies and learn how to manage them.

### **How to Excel: To Your Sub Internships and Beyond!**

Secrets to standing out in your sub internships! Engage in a discussion about planning for your residency application, fourth year of medical school including research, and away rotations.

### **You're Hired!**

Practice your interview skills with current residents, fellows, and attendings and gain actionable feedback to include on your interview trail.

## MS4 Programming

### **Swipe Right? - Choosing a Residency**

Medical students typically apply to residency programs in year 4, therefore, we will present strategic approaches to assist students in a residency program that best fits them.

### **The Colors of Leadership**

This session is geared to teach attendees about their unique personality traits and how these traits are applicable to working in a clinical environment. The session will include an initial assessment and interactive activities to highlight the strengths of each personality type.

### **Call Me Maybe? - Advanced Consult Calling**

Tips and tricks for effective consult communication. We will outline how to craft the perfect question, communicate the patient's clinical status, establish the best plan of care, and navigate complex issues that arise.

### **Access Granted: How to place an IV**

This interactive session will allow learners to practice IV placement and lab draws on mannequins.



# PENN MEDICINE/CHOP ALLIANCE OF MINORITY PHYSICIANS - IBC FOUNDATION PATHWAYS TO EXCELLENCE IN MEDICINE INITIATIVE



## Background and Aim of Initiative

There are pervasive disparities in the numbers of students from underrepresented in medicine (URiM) backgrounds who become a part of the physician workforce. This gap can contribute to non-inclusive clinical learning environments and worsened health disparities. This initiative seeks to utilize evidence-based principles and the groundwork of a decade of experience to engage Philadelphia's URiM medical students, envisioning what their careers in academic medicine can look like and supporting them as they blaze the path toward realizing their potential as Philadelphia's future physicians.

## Key Program Aspects

### **Symposium for Pathways to Excellence in Medicine**

- September 9th, 2023 | over 50 students attended
- The event featured Dr. Ala Stanford as our keynote speaker, hosted panel and speaker sessions led by faculty from Penn Medicine and CHOP, and held a Research Poster Forum with work from URiM Medical Students across Philadelphia



### **Pathways to Excellence Med Immersion Days**

- December 2nd, 2023 | over 50 students attended
- April 13, 2024 | second and final Med Immersion Day of the academic year
- Provide medical students insight into academic medicine careers
- Offer information on various medical and surgical specialties
- Highlight ways to succeed as a UIM student
- Include unique, hands-on sessions, differentiated to each year



# PENN MEDICINE/CHOP ALLIANCE OF MINORITY PHYSICIANS - IBC FOUNDATION PATHWAYS TO EXCELLENCE IN MEDICINE INITIATIVE

## Key Program Aspects Continued

### **IBC Housetaff Scholars**

IBC Housestaff Scholars are residents or fellows from a URiM background who serve on our advisory and planning committee as well as mentor first-year medical students. Ten Scholars were chosen through an application process to ensure we have engaged, dynamic future leaders who will inspire students to see what they can be. IBC Housestaff Scholars are current physician trainees from Penn Medicine and CHOP.

### **IBC Faculty Mentors**

IBC Faculty Mentors are faculty from URiM backgrounds and serve on our advisory and planning committee as well as mentor first-year medical students. Six Mentors were chosen through an application process to ensure we have leaders who will provide the “long view” and key insights on how to navigate academic medicine in a way that allows for longevity in practice and can highlight the gifts of working in Philadelphia. Given their stage in their career, these faculty will serve as not just mentors but sponsors, helping to elevate their mentees. IBC Faculty Mentors are current attending physicians from Penn Medicine and CHOP.

### **Advisory and Planning Committee**

The advisory and planning committee is comprised of IBC Housestaff Scholars, IBC Faculty Mentors, and Medical Students from the Perelman School of Medicine. This committee is divided into five subcommittees, each responsible for planning programming tailored to a specific year in training at Pathways to Excellence in Medicine Initiative (PEMI) events.

### **Pathways to Excellence in Medicine Mentorship Cohort**

This opportunity is designed for a small cohort (19) of first-year URiM medical students in the Philadelphia region considering a career in academic medicine. They receive mentoring from IBC Housestaff Scholars and IBC Faculty Mentors as well as exclusive programming throughout the year. Programming includes topics such as how to navigate a career in academic medicine, leadership skills, and success in medical school strategies. We are excited to welcome our mentees (3 from Perelman School of Medicine, 4 from Drexel University College of Medicine, 3 from Cooper Medical School at Rowan University, 3 from Lewis Katz School of Medicine at Temple University, 3 from Sidney Kimmel Medical College at Jefferson University, and 3 from Philadelphia College of Osteopathic Medicine).

# THANK YOU

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Independence 

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HEALTH EQUITY



**Save the date for the next Pathways to Excellence  
Med Immersion Day on April 13th, 2024**

If you have questions, reach out to Julie Premo at  
[AMP\\_Pathways@pennmedicine.upenn.edu](mailto:AMP_Pathways@pennmedicine.upenn.edu)

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